**Parker University Referrals for Mental Health Care**

**Psychologists**

Patricia Rose, PhD, Dallas, 214-373-4467, [www.drpatriciarose.com](http://www.drpatriciarose.com)

Michael McFarland, PhD, Dallas, 214-533-3772, [www.mcfarlandpsychology.com](http://www.mcfarlandpsychology.com)

Kimber Shelton, PhD, Duncanville, 469-407-0381, [www.kls-counseling.com](http://www.kls-counseling.com)

Dallas Psychological Association Referral Service: [www.dpadallas.org](http://www.dpadallas.org)

Fort Worth Psychological Association: [www.fwapa.org](http://www.fwapa.org)

**Licensed Counselors/Marriage and Family Therapists**

Lance Gardner, MS, LPC, Dallas & Mesquite, 214-668-9628, [www.familyrestorationcounseling.com](http://www.familyrestorationcounseling.com)

Marriage and Family Therapist Referral: [www.therapistlocator.net](http://www.therapistlocator.net)

**Centers Offering Sliding Scale Counseling/Therapy**

UNT Psychology Clinic, Denton, <https://psychology.unt.edu/clinics-and-centers/psychology-clinic>

TWU Counseling & Family Therapy Clinic, Denton, <https://twu.edu/counseling-family-therapy-clinic/>

SMU Psychology Clinic, Dallas, <https://www.smu.edu/Dedman/Academics/Departments/Psychology/SMU-Psychology-Clinic/About>

SMU Family Counseling, Dallas, <https://www.smu.edu/Simmons/Community/Family-Counseling>

Jewish Family Services, 972-437-9950, [www.jfsdallas.org](http://www.jfsdallas.org)

Child & Family Guidance Center, Dallas, [www.childrenandfamilies.org](http://www.childrenandfamilies.org)

Warmline for Parents, 972-699-7742, [www.dallasparents.org](http://www.dallasparents.org)

Pastoral Counseling Center, Dallas, 214-526-4525, [www.thecentercounseling.org](http://www.thecentercounseling.org)

UT Southwest Psychiatry Clinic, Dallas, 214-645-8500, <https://utswmed.org/locations/bass/psychiatry-clinic-bass-bldg/>

**Mental Health Referral Resources**

Health & Human Services Info and Referral: <https://www.hhs.texas.gov/services/mental-health-substance-use/adult-mental-health>

Here for Texas Mental Health Navigation Line: A Grant Halliburton Foundation Initiative that connects North Texans with mental-health resources customized to each caller at 972-525-8181 or [www.HereForTexas.com](http://www.HereForTexas.com)

Dallas Metrocare Services provides evaluation, medication assessment and treatment. 1-877-283-2121 or go to [www.metrocareservices.org](http://www.metrocareservices.org)

North Texas Behavioral Health Authority: 24-hour crisis hotline at 1-866-260-8000 or go to [www.ntbha.org](http://www.ntbha.org)

Revised 10/22. Parker University does not endorse or recommend a specific mental health service provider. This list is for your convenience and is not intended to be a complete list of all mental health facilities in the area.