

Title of Article: _____

Expert and Presenter Worksheet

RELEVANCE: Is this information worth taking the time to listen to?

Answer the following questions. A greater number of "YES" answers means that the event is more likely to be relevant to your practice.

	Yes	No	Maybe
1. Is the information presented patient-centered, rather than profession or clinician centered? That is, will it improve the health and well-being of your patients/clients? Explain.			
2. Does the presenter focus on problems or conditions commonly seen by practitioners in your field?			
3. Could this information, if true, influence the way you practice and be of benefit to your patients/clients? Explain.			

VALIDITY: Can the information this person provided be believed?

Answer the following questions. A greater number of "YES" answers means that the information is susceptible to bias, and is less likely to be valid, or represent the truth.

	Yes	No	Maybe
1. Is the presenter trying to sell you something? Does he/she stand to gain anything from you using the information or product? Explain.			
2. Is it hard to distinguish what is opinion and what is fact? Explain.			
3. Are references for factual information lacking?			

	Yes	No	Maybe
4. Did the presenter focus heavily on patient testimonials as evidence of treatment effectiveness?			
5. Did the presenter use the wrong type of evidence to support claims of treatment effectiveness? (For example, did they use basic science research to support claims of effectiveness rather than high quality randomized controlled trials.)			
6. Is the presenter claiming that their approach is the best, or is the only approach that can accomplish certain outcomes? Explain.			
7. Does the presenter often frame information in overly simplistic terms, or do they talk over your head? Explain.			
8. Does the presenter appear resistant to changing the way they see things or the way they practice?			
9. Are there any other biases or things that may affect the presenter's point of view? Explain.			
YOUR INTERPRETATION			
1. Overall, is this information relevant and valid? Should it influence the way you practice? If so, how?			