

Physiotherapy II – CHSC 6305-001

Bob Wilborn, DC Course Director

Summer 2013 - Course Calendar

Week	Week	Lecture Topic
1	1/7	Introduction and Syllabus review - Graston Technique Lab: (Introduction)
2	1/14	Core Stabilization Training, and Cold Laser Lab: (Core Training, Stretches, SMT, Triflex – Cervical, Graston Technique, Cold Laser)
3	1/21	No Labs this week (Holiday) Myofascial Trigger Points
4	1/28	TMJ, Low Back, Taping Lab: (Core Training, Stretches, SMT, Triflex –, Torso Graston Technique, Cold Laser)
5	2/4	Bracing, Light Elastic Taping, Plyometrics Lab: (Core Training, Stretches, SMT, Percusser, Upper extremity Graston Technique, Cold Laser)
6	2/11	Stretching, Review for Lecture Examination Lab: (Core Training, Stretches, SMT, Triflex , Graston Technique, Cold Laser)

7	2/18	PT II Lecture Examination 1 Lab: (Midterm Practical Examination)
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8	2/25	FEP, No Class July 4th Lab: (Midterm Practical Examination)
9	3/4	Elastic Resistance Lab: (Core Training, Stretches, SMT, Triflex - Pelvis, Graston Technique, Cold Laser)
10	3/11	Elastic Resistance, Exercise Ball Lab: (Core Training, Stretches, SMT, Triflex - Hip Graston Technique, Cold Laser)
11	3/18	

		Exercise Ball, Stability Training Lab: (Core Training, Stretches, SMT, Triflex - Knee, Graston Technique, Cold Laser)
12	3/25	Stability Training, Review, Case Studies Lab: (Core Training, Stretches, SMT, Triflex - Foot and Ankle, Graston Technique, Cold Laser)
13	4/1	Review, Case Studies Lab: (Final Practical Examination)
14	4/8	PT II Lecture Examination 2 Lab: (Final Practical Examination)