# Course Syllabus - Professional B.E.S.T. - CHSC 9901A

Thomas M. Redenbaugh, B.A., B.S., D.C., C.A.C., C.C.C.P., C.C.S.P. <sup>®</sup>, F.I.C.P.A

TRIMESTER: Fall 2009

TRIMESTER CREDIT HOURS: 2
TOTAL CONTACT HOURS: 30

LECTURE HOURS: 30 LABORATORY HOURS PER WEEK: 0
LECTURE HOURS PER LABORATORY CONTACT HOURS PER

TRIMESTER: 30 TRIMESTER: 0

CLASSROOM LOCATION: E110 OFFICE LOCATION:

Suite 200, East Building,

Academic Center

**OFFICE HOURS:** 

Mon. Tue. Wed. Thurs. –12:00-12:50 **OFFICE TELEPHONE:** Fri. 11:00-11:50 (214) 352-7332 Ext. 7246

**COURSE DIRECTOR:** Thomas M. Redenbaugh, D.C.

**COURSE INSTRUCTORS:** Thomas M. Redenbaugh, D.C.

### **COURSE DESCRIPTION:**

This certification course introduces the student to Bio-Energetic Synchronization Technique (B.E.S.T.) as developed by Dr. Ted Morter, Jr.

B.E.S.T. is a non-forceful technique used to detect and correct imbalances in the nervous system of the patient.

## **COURSE OBJECTIVES:**

This course will enable the student to systematically evaluate imbalances in the patient's nervous system and apply techniques designed to help re-establish physiological homeostasis thus allowing the musculoskeletal system to resume symmetry which in turn will allow for the autonomic repositioning of the vertebrae and contiguous articulations. By so doing, students will be better prepared to become Doctors of Chiropractic, who will then serve as primary health care providers, and perpetuate chiropractic services world-wide for the benefit of mankind. Students who successfully complete this course should be able to effectively analyze and correct the proposed cause of the vertebral subluxation according to the protocols of Bio-Energetic Synchronization Technique and understand how quality interference is involved in the subluxation and disease process.

**PREREQUISITES:** Enrollment in Tri 7, 8, or 9.

**REQUIRED TEXT:** Class Notes

## **RECOMMENDED TEXT(S):**

The Book of Best
The Book of Nutrition
pH Your Potential for Health
Dynamic Health
Correlative Urinalysis: The Body Knows Best
Chiropractic Physiology
An Apple A Day
Soul Purpose

### **DISCLAIMER:**

The lecture outlines contained in the lecture booklet are NOT intended to represent the entire content of the course. A lecture outline is intended to be a guide to the lecture. The responsibility of the instructor is to follow the outline, expand the concepts and give explanation and illustrations to clarify content. The role of the student is to attend lecture and take notes over material presented by the lecturer that explains and illustrates the material listed in the outline. It is also the responsibility of the student to question the instructor if explanations and illustrations are not clearly presented or understood.

The instructors take no responsibility for the accuracy or completeness of old notes, quiz questions or exam questions that students may purchase or may be given by previous students in B.E.S.T.

**COURSE MECHANICS:** Must score 80% overall to be certified.

Weekly On-line Quizzes (14)	28
Certification Practical	41
Certification Written Exam	31
TOTAL	100

## **CLASS/LAB PARTICIPATION**

Part of the education and training at Parker College of Chiropractic will include participation in laboratory classes. Students will have the opportunity to practice chiropractic techniques on other students. Labs are conducted under the supervision of at least one Faculty Member. The procedures to be followed and any risk associated with those procedures will be fully disclosed. The purpose of these classes is merely instructional, and no doctor/patient relationship will be created with either the students or the Faculty Members. Consequently, there is no duty to provide any diagnosis or treatment. A student is expected to conduct them self with the utmost professionalism

during such classes. When in the role of the doctor, a student will maintain professional demeanor, follow the proper procedures including appropriate draping, and refrain from any offensive or inappropriate behavior or statements. When in the role of a patient, the student will advise the student in the role of doctor and/or the Faculty Member supervising the lab if any offensive or inappropriate conduct occurs. Sexual harassment, including jokes, inappropriate or embarrassing statements or comments, or their offensive conduct is prohibited and may be grounds for dismissal from Parker College.

### **Attendance:**

A professional education at Parker College requires a full time commitment by the student. Classes are demanding and academic standards are high. Students must expect to spend a significant part of each day in and out of class to successfully complete the program. Full realization of the learning process is reliant upon the fact that students are expected to attend and be attentive and participatory in all lecture and laboratory classes. Students must attend classes on a regular basis to attain the skill, training and expertise they will need to become successful Doctors of Chiropractic. It is in this light that Parker College of Chiropractic considers classroom attendance to be mandatory in all scheduled classes and laboratory sessions and failure of the student to attend classes and/or laboratory sessions could result in poor academic performance by the student, possible grade reduction and/or the student receiving a failing grade in the class.

At the discretion of the individual faculty member, student attendance in lectures, laboratory sessions and/or scheduled academic conferences may be a factor in deriving a student's grade.

Students who are repeating a course because of previous academic failure are required by the Dean of Academic Affairs to attend all lectures and labs of the course in question. A student on Academic Probation is required to attend all lectures, laboratory sessions and scheduled academic conferences. If a faculty member in a department finds that a student is not meeting this attendance requirement, the student will be notified in writing with a copy of the letter sent to the office of the Dean of Academic Affairs.

The student is responsible for obtaining and learning subject materials presented during an absence. When the period of absence is known and may be planned, the student must confer with the appropriate course director and determine a plan of action for that absence. Absence from any examination (lecture or lab) must be accompanied by a written excuse documenting the extenuating circumstance which prevented the student from sitting the examination. If the excuse is considered valid by the course director then arrangements to sit exam must be made with the course director within 5 days of returning to class.

The licensing requirements of the states vary widely. Some state boards require a specific number of classroom hours in order to obtain a license to practice as a Doctor of Chiropractic in their respective states. It is the student's responsibility to determine, fulfill and document the requirements of the state(s) in which they are planning to apply for

licensure. These requirements are available from the individual state boards and kept in the Office of the Registrar for the student to review.

Tardiness is disruptive to the class. Each student should make every attempt to get to class on time. A professor may refuse to allow to a tardy student to enter the classroom. A student who is tardy to a class may be counted absent for that class period.

**Grading System:** Currently not a graded course

**Examinations:** Observation of Certification Checklist (5)

## **Academic Dishonesty:**

Cheating will not be tolerated. If you are caught cheating, you will receive a "0" on that exam and disciplinary action will be taken which could result in your dismissal from Parker College. If you are suspected of cheating on an exam you may be singled out and required to sit in the front of the classroom so that you can be clearly watched. The cheating policy includes lecture exams, lab quizzes and lab practicals.

### **Professional Decorum:**

Students are expected to behave in a professional manner at all times. Positive contributions to the learning environment and participation in classroom learning activities are expected. Students should demonstrate courtesy to the instructor, to special guest speakers, and to other classmates. Focusing your attention on anything other than pertinent classroom material is considered discourteous. Any person who is discourteous or disrupts the class with unprofessional conduct will be asked to leave the classroom and will be counted absent for that class period.

### **Computer Use:**

Students are encouraged to utilize personal computers in the classroom for taking notes, following the lecture outlines or reference materials, etc. Other uses unrelated to the lecture topic are not allowed. As an example, surfing the Internet or playing games during lecture or lab time is strictly prohibited and will result in the student being asked to discontinue use of their computers.

Also, the student may be asked to leave the classroom and will be counted absent for that class period.

# **Audio/Video Taping:**

Since the courts have ruled that a professor's voice and physical image are their personal property, the prerogative of the audio taping and/or video recording of lectures/laboratories is a right specifically reserved to faculty. Should you wish to record, using any device, you must obtain the permission from the respective instructor in all classes.

# **Student Assistance Program**

Parker College of Chiropractic in accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 provides assistance to eligible students. Institutions of higher education are required to provide reasonable accommodations to qualified and eligible persons with disabilities that are logically associated with the type and level of impairment of the student. If you believe you are eligible for these services please contact the Student Assistance Program which is located in the Student Affairs office.

# **Important Note:**

The provisions contained in this syllabus do not constitute a contract between the students and Parker College of Chiropractic. These provisions may be changed at any time for any reason at the discretion of the course director. When necessary, in the view of the college, appropriate notice of such changes will be given to the student.