

FUNCTIONAL ASSESSMENT PROTOCOLS

WELCOME TO FAP!

This is a tentative course outline subject to change. This course outline will be reviewed during the first class and tracked each week. It is the student's responsibility to attend class and note and accommodate any changes as they are announced.

WEEK	TOPIC	
1	Lecture	Course Introduction
	Lab	No Labs
2	Lecture	Posture Inspection (Students Read Introduction to Exam Process)
	Lab	Posture Inspection (No C Lab on Wed)
3	Lecture	No Lecture – Memorial Day
	Lab	Posture Inspection Lab C (No A,B,D,E Labs)
4	Lecture	Motion Assessment
	Lab	Motion Assessment: Neck, Shoulders
5	Lecture	No Lecture – Full Faculty In-Service
	Lab	No Labs
6	Lecture	Motion Assessment
	Lab	Motion Assessment: Trunk, Hip
7	Lecture	Soft Tissue Palpation and Mobility
	Lab	Mobility: Neck, Shoulder, Upper Trunk
8	Lecture	Practical Review
	Lab	PRACTICAL 1
9	Lecture	Soft Tissue Palpation and Mobility
	Lab	Mobility: Lower Trunk, Hip, Lower Extremity
10	Lecture	Spinal Palpation
	Lab	Spinal Palpation / PART
11	Lecture	Fundamental Movement Analysis
	Lab	FMA – Sit and reach, High Step, Lunge, Squat, Sit to Stand
12	Lecture	Phases of Healing Decision-Making
	Lab	Patient Activation Techniques
13	Lecture	Patient Interview
	Lab	PRACTICAL 2
14	Lecture	Exam Application
	Lab	Techniques to Improve Patient Stabilization and Performance
15	FINAL EXAM	