

## **Parker University, College of Chiropractic**

### **GENERAL COURSE INFORMATION:**

**Course Title:** Diversified #1 – **Spring 2013**

**Trimester Credit Hours:** 3

**Course Director:** Marty J. Hall, D.C., DACNB

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**Phone number:** (214) 352-7332, #7316

**Office Hours:** M/T– Th/F 12-1

**Lab Director/Instructors:** Marty J. Hall, D.C., DACNB

Miguel Chiusano, D.C., DACNB

**Course Number:** CHSC-5302-001

**Total Contact Hours Per Trimester:** 75

**Class meeting time:** Thursday 9-9:50

**Lab Hours Per Week:** 4

**Lab Contact Hours/Trimester:** 60

### **Diversified Course Description** (revised 5-12-2011)

The most widely utilized, practiced and researched method in chiropractic is a high velocity – low amplitude technique usually referred to as “Diversified”. This course covers the diverseness (both short & long lever, direct & indirect techniques) of its background and represents the student’s first exposure to the primary entity that sets chiropractic apart and makes us unique from other healing arts. This introductory course is divided into lecture and lab time. The greatest emphasis is placed on lab to learn the core skills (biomechanics & ergonomics) necessary to begin to develop a truly individual and unique art form of adjusting (we teach to perfection & test to standard). This course supports the mission statement of Parker University, College of Chiropractic by helping to create leaders who promote Chiropractic wellness through high standards of education, research and service.

### **LEARNING OBJECTIVES:**

**Learning Outcomes:** At the completion of this course, the student should:

### **3 Core Learning Outcomes for Diversified** (revised 1-31-2011)

1. To acquire and develop the psychomotor skills necessary to demonstrate (Patient position, Doctor position, Contact point, Segmental contact point & Indifferent hand) and deliver (LOD & Force Generator) the core movements used on the most common areas in diversified adjusting. Occiput, C1, C4, T1, T6, L3, Innominate & Sacrum.
2. To differentiate when and at what point the joint will cavitate with in its range of motion through applied biomechanics and the principles of manipulation. (dynamic ROM model with perception of end-feel)
3. To have some ability to analyze and critique their own analysis and delivery and make modifications (trouble shoot & manage cases).

### **GENERAL APPROACH TO TEACHING:**

This course is an introductory course in learning what truly makes us unique and sets us apart from the other health care fields. This course leans heavy on the basic sciences of embryology, anatomy, physiology and biomechanics. It further builds upon these courses along with palpation

& motion palpation. This course is foundational for all manipulative arts and at its core are the basics of the adjustment. We are interactive using the computer, DVD's, ELMO, PDF files, charts and in class demo's. We welcome your questions. This class has a greater emphasis on the labs with its practical applications. We want you to stand on solid ground as you develop your art form. The adjustment is our medicine, our cure, our help, our hope and our future.

**PREREQUISITES:** enrollment in Parker University, College of Chiropractic and clinical biomechanics & motion palpation.

### **REQUIRED TEXTBOOKS AND EQUIPMENT:**

**1. Chiropractic Technique, 3<sup>rd</sup> edition ~ by Peterson & Bergmann**

**2. Portable adjusting table**

### **RECOMMENDED ADDITIONAL TEXTBOOKS:**

Chiropractic Manipulative Skills, 2<sup>nd</sup> edition ~ by Byfield  
Motion Palpation and Chiropractic Technic, 3<sup>rd</sup> edition ~ by Faye and Schafer  
Clinical Biomechanics of Spinal Manipulation ~ by Herzog  
Spinal Adjustment Technique, The Chiropractic Art ~ by Esposito & Philipson  
Principles of Manual Medicine, 3<sup>rd</sup> ed. ~ by Greenman  
Foundations of Chiropractic, 2<sup>nd</sup> edition ~ by Gatterman  
Technique Systems in Chiropractic ~ by Cooperstein & Gleberzon  
Common Vertebral Joint Problems ~ by Grieve  
Fundamentals of Chiropractic ~ by Redwood & Cleveland  
Maitland's Vertebral Manipulation, 7<sup>th</sup> edition ~ by Maitland  
Movement, Stability & Lumbopelvic Pain, 2<sup>nd</sup> edition ~ by Vleeming, Mooney & Stoeckart  
States Manual of Spinal, Pelvic and Extravertebral Technics, 2<sup>nd</sup> edition ~ by States

#### **Out of Print:**

Manual Medicine – Diagnostics, 2<sup>nd</sup> revised edition ~ by Dvorak & Dvorak  
Manual Medicine – Therapy ~ by Schneider, Dvorak, Dvorak, Tritschler  
Medical Checklists – Manual Medicine ~ Dvorak & Dvorak  
The Physiology of the Joints, 2<sup>nd</sup> edition, Vol. III ~ by Kapandji  
Clinical Biomechanics of the Spine, 2<sup>nd</sup> edition ~ by Panjabi & White  
Orthopedic Medicine ~ by Maigne  
Manual of Osteopathic Technique ~ by Stoddard  
Spinal Manipulation ~ by Bourdillon  
Mobilisation of the Spine, 3<sup>rd</sup> edition ~ by Grieve  
Textbook of Clinical Chiropractic, A Specific Biomechanical Approach ~ by Plaugher  
The Science and Art of Joint Manipulation, Vol. I The Extremities, 2ed, 1949 ~ by James Mennell  
The Science and Art of Joint Manipulation, Vol. II The Spinal Column, 1952 ~ by James Mennell  
Back Pain Diagnosis and Treatment Using Manipulative Techniques, 1960 ~ by John Mennell

**SUPPLIES:** Portable adjusting table (recommendation not a requirement)

**EVALUATION AND GRADING POLICY:**

<b>Cervico-Thoracic Written Lumbo-Pelvic Written</b>	<b>10% 10%</b>
<b>1st Practical 2<sup>nd</sup> Practical 3<sup>rd</sup> Practical</b>	<b>17.5% 17.5% 17.5%</b>
<b>4<sup>th</sup> Final Practical - Comprehensive</b>	<b>17.5%</b>
<b>Final Written</b>	<b>10%</b>
<b>Total</b>	<b>100%</b>

Questions will be taken from the handouts and laboratory demonstrations and lecture information. The final grade is based upon 70% practical and 30% written grades.

Evaluation is an integral part of the educational process and is used as an educational tool to help students identify problem areas, to recognize and regard achievement, and to identify students who are unable to meet the rigors of the curriculum. Final course grades and their interpretation are listed below:

<b>Grade</b>	<b>Numerical Value</b>	<b>Grade Point Average</b>	<b>Interpretation of Academic Achievement</b>
A	89.5 – 100	4.0	Excellent
B	79.5 - 89.49	3.0	Above Average
C	69.5 - 79.49	2.0	Satisfactory
F	Below 69.49	0.0	Unacceptable

**\*Secretary staff members are not allowed to give a student his/her grades either in person or over the telephone.\***

## **ESTIMATE OF STUDENT WORK LOAD:**

If the student listens, participates and practices, he/she should do well. Understand that this is a lifelong pursuit and one does not master this psychomotor skill in a trimester. We will evaluate your skill for core movements this is why we recommend that the student practice, practice, practice.

## **STUDENTS WITH SPECIAL NEEDS:**

Parker University, College of Chiropractic adheres to section 504 of the Federal Disability law and assists qualified students. If you feel you qualify for this type of assistance, you should contact the Office of Student Affairs.

## **90/90 RULE:**

Non-applicable for this class.

## **A complete listing of all Academic policies is found on the Parker Website:**

<https://myparker.parkercc.edu/ics/Academics - Coursework/Course Catalog.jnz>

- Absences for Religious Holidays
- Academic Dishonesty
- Academic Promotion, Probation and Dismissal Policy
- Appeals
- Assistance and Accommodations
- Attendance Policy
- Audio/Video Taping
- Cell Phones and Electronic Devices in Class
- Classroom Behavior
- Communications
- Computer Usage
- Examinations (Make up Exams/Lab Practicals)
- Altering Grades on Exams
- Exam Review
- Final Examinations
- Grading System
- Late Instructors to Lecture/Lab
- Missed Exam Policy
- Grade Appeals
- Professional Decorum
- Special Needs Consideration
- Student Bereavement Policy
- Excused Absences

**DISCLAIMER**

The lecture outlines contained in the lecture booklet are NOT intended to represent the entire content of the course. A lecture outline is intended to be a guide to the lecture. The responsibility of the instructor is to follow the outline, expand the concepts and give explanation and illustrations to clarify content. The role of the student is to attend lecture and take notes over material presented by the lecturer that explains and illustrates the material listed in the outline. It is also the responsibility of the student to question the instructor if explanations and illustrations are not clearly presented or understood.

The instructors take no responsibility for the accuracy or completeness of old notes, quiz questions or exam questions that students may purchase, acquire from off of the internet or be given by previous students.

**IMPORTANT NOTE:**

The provisions contained in this syllabus do not constitute a binding contract between the student and the Parker University, College of Chiropractic. These provisions may be changed at any time and for any reason at the discretion of the Course Director. When it is necessary to make changes to this document, appropriate notice (at least one week, if at all possible) will be given to the student(s).