

Physiotherapy II – CHSC 6305

Thomas McCloughan, DC Course Director

FALL 2012 - Course Calendar

Week	Week	Lecture Topic
1	9/3	No Labs Monday (Holiday) – All Other Lectures and Labs Run as Scheduled Introduction and Syllabus review - Graston Technique Lab: (Introduction)
2	9/10	Core Stabilization Training, and Cold Laser Lab: (Core Training, Stretches, SMT, Triflex – Cervical, Graston Technique, Cold Laser)
3	9/17	Myofascial Trigger Points Lab: (Core Training, Stretches, SMT, Triflex – Torso, Graston Technique, Cold Laser)
4	9/24	TMJ, Low Back, Taping Lab: (Core Training, Stretches, SMT, Triflex – Upper extremity, Graston Technique, Cold Laser)
5	10/1	Bracing, Light Elastic Taping, Plyometrics Lab: (Core Training, Stretches, SMT, Percusser, Graston Technique, Cold Laser)
6	10/8	Stretching, Review for Lecture Examination Lab: (Core Training, Stretches, SMT, Triflex , Graston Technique, Cold Laser)
7	10/15	PT II Lecture Examination 1 Lab: (Open – Review for Midterm Practical)
8	10/22	FEP Lab: (Midterm Practical Examination)
9	10/29	Elastic Resistance Lab: (Midterm Practical Examination)
10	11/5	Elastic Resistance, Exercise Ball Lab: (Core Training, Stretches, SMT, Triflex - Pelvis, Graston Technique, Cold Laser)
11	11/12	Exercise Ball, Stability Training Lab: (Core Training, Stretches, SMT, Triflex - Hip and Knee, Graston Technique, Cold Laser)

12	11/19	No Lecture Thursday (Holiday) - All Other Lectures and Labs Run as Scheduled Stability Training, Review, Case Studies Lab: (Core Training, Stretches, SMT, Triflex - Foot and Ankle, Graston Technique, Cold Laser)
13	11/26	Review, Case Studies Lab: (Final Practical Examination)
14	12/3	PT II Lecture Examination 2 Lab: (Final Practical Examination)