

[RETURN TO COURSE PAGE](#)

Clinical Nutrition – CLSC-6105
James H. Guest, DC, DACBN, CCN

Clinical Nutrition - Course Calendar – Tri 4

Class Times: Monday & Wednesday 10:00-11:50

NOTE: This course calendar will be followed as closely as practical, however the instructor may change the schedule at his discretion.

Click on this link for: [CLINICAL NUTRITION COURSE OUTLINE](#)

Date	Topic	Text Reference
Sept 6	Labor Day Holiday	
6		
8	Introduction	Notes 1
8	Natural Healing	Notes 4
13	Functional Medicine	Notes 5
13	Building Blocks of Nutrition	Notes 10
15	Nutritional Assessment	Notes 15
15	Nutritional Assessment	Notes 15
20	Supplementation	Notes 20
20	Supplementation	Notes 20
22	Supplementation	Notes 20
22	Carbohydrate	Notes 44
27	Protein	Notes 49
27	Lipids	Notes 54
29	Exam 1	
29	Lipids	Notes 54
Oct 4	ADD & ADHD	Notes 63
4	Intestinal Permeability	Notes 68
6	Allergy	Notes 74
6	Inflammation & Pain	Notes 82
11	Nutritional Implications for Chiropractic	Notes 88
11	Alkaline/Acid Balance	Notes 92
13	Clinical Competency Exams – No Classes	
13	Weight Management	Notes 98

18	Detoxification	Notes 106
18	Dairy	Notes 113
20	Dairy	Notes 113
20	Osteoporosis	Notes 127
25	Osteoporosis	Notes 127
25	Cardiovascular Disease	Notes 141
27	Cardiovascular Disease	Notes 141
27	Cancer	Notes 162
Nov 1	Exam 2	
1		
3	Cancer	Notes 162
3	Rheumatoid Arthritis	Notes 181
8	Osteoarthritis	Notes 186
8	Fibromyalgia	Notes 192
10	Gastrointestinal Disorders	Notes 197
10	Gastrointestinal Disorders	Notes 197
15	Kidney Stones	Notes 212
15	Diabetes	Notes 218
17	Diabetes	Notes 218
17	Oxidative Stress and Disease	Notes 234
22	Exam 3	
22	Oxidative Damage	Notes 239
24	Holiday	
24	Holiday	
29	Pediatric Nutrition	Notes 244
29	Otitis Media	Notes 252
Dec 1	Women's Nutrition	Notes 254
1	Vegetarianism	Notes 260
6	"Avoiding the Surgeon's Knife"	Video
6	Raw Foods Presentation	
8	The Last Class	Notes 273
8	Open	
14 @ 7:00	Final Exam	Your Brain

