

## **BREAKFAST**

### **Traditional Continental 5.95 per person**

Fresh seasonal fruit salad

Choice of 2

- Gourmet muffins
- Danish
- Breakfast Pastries

### **Continental Plus 7.95 per person**

Fresh seasonal fruit salad

Assorted bagels w/butter and cream cheese

Choice of 2

- Gourmet muffins
- Danish
- Breakfast pastries

### **Healthy Start 7.25 per person**

Low fat vanilla or strawberry yogurt, house made granola, fresh seasonal fruit salad, hard boiled eggs

### **Boxed Breakfast 7.95 per person**

Choice of Juice or milk, seasonal fruit salad

- Bagel w/butter and cream cheese or Scone
- Breakfast burrito w/eggs, bacon, potatoes, cheddar cheese and salsa

### **Morning Medley 6.95 per person**

Scrambled eggs, fresh baked biscuits and home fries

Choice of 1

- Bacon
- Sausage

### **Sunrise Breakfast Buffet 7.95 per person**

Scrambled eggs w/cheddar cheese, fresh baked biscuit, home fries, fresh fruit salad

Choice of 1

- Bacon
- Sausage

### **Breakfast Sandwich Buffet 6.95 per person**

- Breakfast burrito w/eggs, potatoes, cheddar cheese and salsa

- Gourmet breakfast sandwich on a croissant or a bagel w/eggs, cheddar cheese and your choice of ham, bacon or sausage  
Seasonal fresh fruit salad

### **Heart Healthy Buffet 7.95 per person**

Scrambled egg whites w/spinach, mushrooms, tomatoes, onions and peppers  
Breakfast Potatoes  
Yogurt parfaits  
Fresh seasonal fruit salad

### *A la carte additions*

*Selections below are priced per piece as add-ons to accompany one of our continental or breakfast buffets.*

### **Bagels 3.00**

*With butter and cream cheese*

### **Muffins 2.25**

### **Assorted Pastries 3.00**

### **Scones 3.00**

### **Breakfast Bread 2.75**

*Pumpkin or banana nut*

### **Mini Yogurt Parfait 2.75**

### **Fresh Seasonal Fruit Salad 3.00**

### **Scrambled Eggs 3.00**

### **Scrambled Eggs w/Cheese 3.50**

### **Bacon 2.25**

### **Sausage 2.25**

### **Hard Boiled Eggs 2.25**

## **LUNCH**

### **Traditional Deli Display 7.95 per person**

- Assorted breads & rolls
- Choose 3 of the following
  - Ham
  - Smoked turkey
  - Roast beef
  - Chicken salad
  - Tuna salad
- Choose 2 of the following
  - American cheese

- Cheddar cheese
- Swiss cheese
- Pepper Jack cheese

Served with lettuce, tomato, sliced red onion, pickles, chips and condiments

Choose 1 of the following

- Fresh seasonal fruit salad
- Gourmet composed salad of the day

### **Assorted Wraps Buffet** *7.95 per person*

Choose 3 of the following

- Turkey & provolone
- Roast beef & cheddar
- Ham & Swiss
- Chicken Salad
- Tuna Salad
- Chicken Caesar
- Grilled Chicken
- Grilled Veggie w/balsamic aioli & fresh mozzarella

All wraps include lettuce & tomato

Served with chips, pickles, fresh seasonal fruit salad & condiments

### **Classic Boxed Lunch** *8.25 per person*

Choose 1 of the following

- Ham and Swiss
- Roast beef and cheddar
- Turkey and Provolone
- Grilled Veggie w/balsamic aioli & fresh mozzarella cheese

Seasonal hand fruit, cookie, chips, mustard, mayo & Bottle of water

### *Signature Sandwiches* *6.95 per person*

#### **Smoked Turkey Club**

House-Roasted Turkey Breast, Black Forest Ham, Swiss, Lettuce, Tomato, Red Onion, Dijon Aioli

#### **Gourmet Roast Beef**

Cheddar, Balsamic Grilled Onions, Spinach, Roasted Peppers, Horseradish Aioli on Focaccia

#### **South West Grilled Chicken Sandwich**

Avocado, Bacon, Pepper Jack Cheese, Charred Poblano, Honey Chipotle Aioli

## **Salads**

### **Berried Treasure 9.95 per**

Marinated grilled chicken with dried cranberries, fresh seasonal berries, candied pecans, red onion, feta cheese, mixed greens, Romaine w/choice of dressing

### **Grilled Chicken Caesar 8.95 per**

Marinated grilled chicken, Parmesan cheese, house made croutons  
Substitute grilled shrimp or steak for 1.25

### **Asian Shrimp Salad 8.95 per**

Ginger shrimp, Napa cabbage, noodles, carrots, red bell pepper, water chestnuts, green onion, Mandarin oranges, crispy noodles, Sesame vinaigrette

## **Hot Options price per guest**

### **Parker Burger 5.95**

### **Parker Burger with Cheese 6.95**

### **Grilled Chicken Sandwich 6.25**

### **Grilled Chicken with Cheese 7.25**

### **Grilled Cheese on Texas Toast 4.25**

*Cheese Options American, Provolone, Cheddar or Pepperjack*

*White or wheat bun, Texas toast & Wheatberry*

*Gluten Free Buns Available for \$1.50 Additional Charge*

*All hot sandwiches served with lettuce, tomato, onion pickle and kettle chips or fruit*

*All prices per person*

## **Lunch Buffets**

*All lunch buffets include 1 of the following*

- Coffee service*
- Iced Tea*
- Lemonade*
- Spa Water*

*Beverage add-ons: Bottled soda: \$2.50, Nestle® water (8 oz.): \$0.99,*

*Tropicana® juice (10 oz.): \$2.49*

## **Pizza**

**Classic Cheese 9.00**

**Meat Lovers 11.00**

Pepperoni, Sausage, Meatball & Bacon

**Veggie Lovers 11.00**

Artichoke hearts, mushrooms, peppers, onions, olives, fresh tomato

**Specialty Pie 11.95**

Buffalo or Barbecue Chicken, Hawaiian, or Philly Cheese steak

**Create Your Own Specialty Pie 11.95**

Classic cheese pizza with your choice of 2 toppings

Additional toppings for .99 each

Toppings

- Pepperoni
- Sausage
- Meatball
- Bacon
- Buffalo or Barbecue Chicken
- Ham
- Philly Cheese Steak
- Artichoke Hearts
- Mushrooms
- Peppers
- Onions
- Olives
- Roma or sun dried tomato

**Fajita Bar 15.00 per person**

Sautéed onions and peppers, Spanish rice, tortilla chips, flour tortillas, House-Made salsa, sour cream, shredded lettuce, diced tomatoes, shredded cheddar cheese, House made guacamole

Choice of 1: Refried or black beans

Choice of 2: House-Marinaded grilled chicken, Marinaded grilled skirt steak, or tequila lime shrimp.

**Italian Buffet 10.95 per person**

Choose of 2 -

Meat Bolognese lasagna

Vegetable Lasagna

Grilled Chicken Alfredo over fettuccine

Sub shrimp for 1.75 per person

Caesar salad  
Garlic bread

**Texas Barbecue 13.95 per person**

Smoked brisket w/BBQ sauce  
Barbecue grilled chicken  
3 Cheese Mac & Cheese  
Campfire Beans  
Mini Corn on the Cob  
Cole slaw  
Cheddar cheese corn bread w/whipped honey butter

**Asian Sensations 11.95 per person**

General's Chicken or Mongolian beef. Both served with stir fried vegetables

Choose 1 -

- Vegetable fried rice
- Vegetable Lo Mein

Choose 1 -

- Steamed Jasmine rice
- Steamed brown rice

Choose 1-

- Vegetarian spring roll w/dipping sauce
- Pork eggroll w/dipping sauce

*All prices per person*

***Dinner Buffets***

*All dinner buffets include 1 of the following*

- *Coffee service*
- *Iced Tea*
- *Lemonade*
- *Spa Water*

*Beverage add-ons: Bottled soda: \$2.50, Nestle® water (8 oz.): \$0.99,  
Tropicana® juice (10 oz.): \$2.49*

## *Beverages*

### **Bottled Beverages**

Coca-Cola®

### **Iced Tea**

Sweetened or unsweetened

### **Energy Drinks**

Assorted Monster

### **Starbucks®**

Regular and decaf

### **Tazo Tea**

Assorted flavors

## *Snacks*

**Hand-Cut Fruit 3.00 per person**

**Bagged Chips 2.00 per**

Deep River ® Brand chips

**Seasonal Fruit Tray 5.25 per person**

Priced per person

**Seasonal Vegetable Crudites w/Hummus 4.95 per person**

Freshest seasonal vegetables, House made hummus, ranch dip and pita

**Artisan Cheese Tray 5.50 per person**

Assorted artisan cheese, jams, honey, seasonal grapes, crackers and lavosh

## *Desserts*

**Assorted Cookies 4.95 per person**

Ask about our daily offerings

**Brownies and Gourmet Dessert Bars 5.95 per person**

## *Study Breaks*

*These selections are ideal for small groups on a budget. Prices are per group of five.*

**Early Morning Session 6.95 per person**

Includes 10 cups of blonde roast Starbucks® coffee

Choice of 2: Breakfast breads, muffins, scones or fresh fruit salad

*Upgrade to breakfast burritos for \$1.29*

*Upgrade to Red Eye coffee (espresso) for \$0.89 per shot*

**Afternoon Cram 7.95 per person**

Includes 10 cups of blonde roast Starbucks® coffee

Choice of 2: Chicken salad protein pack, House-Roasted turkey and cheese, ham and cheese

Choice of 1: Kettle chips, hand-cut fruit, garden salad with dressing, chocolate chip cookies

*Upgrade to Red Eye coffee (espresso) for \$0.89 per shot*

**Late Afternoon Session 6.95 per person**

Includes 10 cups of blonde roast Starbucks® coffee

Choice of 2: Seasonal hand-cut fruit tray, high energy trail mix, Kettle chips, chocolate chip cookies

*Upgrade to Red Eye coffee (espresso) for \$0.89 per shot*