

BREAKFAST

Traditional Continental 7.50 per person

Fresh seasonal fruit salad

Choice of 2

- Gourmet muffins
- Danish
- Breakfast Pastries

Continental Plus 9.00 per person

Fresh seasonal fruit salad

Assorted bagels w/butter and cream cheese

Choice of 2

- Gourmet muffins
- Danish
- Breakfast pastries

Healthy Start 9.50 per person

Low fat vanilla or strawberry yogurt, house made granola, fresh seasonal fruit salad, hard boiled eggs

Boxed Breakfast 10.00 per person

Choice of Juice or milk, seasonal fruit salad

- Bagel w/butter and cream cheese or Scone
- Breakfast burrito w/eggs, bacon, potatoes, cheddar cheese and salsa

Morning Medley 10.00 per person

Scrambled eggs, fresh baked biscuits and home fries

Choice of 1

- Bacon
- Sausage

Sunrise Breakfast Buffet 11.00 per person

Scrambled eggs w/cheddar cheese, fresh baked biscuit, home fries, fresh fruit salad

Choice of 1

- Bacon
- Sausage

Breakfast Sandwich Buffet 10.50 per person

- Breakfast burrito w/eggs, potatoes, cheddar cheese and salsa

- Gourmet breakfast sandwich on a croissant or a bagel w/eggs, cheddar cheese and your choice of ham, bacon or sausage
Seasonal fresh fruit salad

Heart Healthy Buffet 11.00 per person

Scrambled egg whites w/spinach, mushrooms, tomatoes, onions and peppers
Yogurt parfaits
Fresh seasonal fruit salad

A la carte additions

Selections below are priced per piece as add-ons to accompany one of our continental or breakfast buffets.

Bagels 3.00

With butter and cream cheese

Muffins 2.25

Assorted Pastries 3.00

Scones 3.00

Breakfast Bread 2.75

Pumpkin or banana nut

Mini Yogurt Parfait 2.75

Fresh Seasonal Fruit Salad 3.00

Scrambled Eggs 3.00

Scrambled Eggs w/Cheese 3.50

Bacon 2.50

Sausage 2.50

Hard Boiled Eggs 2.25

LUNCH

Traditional Deli Display 9.75 per person

• Assorted breads & rolls

Choose 3 of the following

- Ham
- Smoked turkey
- Roast beef
- Chicken salad
- Tuna salad

Choose 2 of the following

- American cheese
- Cheddar cheese

- Swiss cheese
- Pepper Jack cheese

Served with lettuce, tomato, sliced red onion, pickles, chips and condiments

Choose 1 of the following

- Fresh seasonal fruit salad
- Gourmet composed salad of the day

Assorted Wraps Buffet *9.75 per person*

Choose 3 of the following

- Turkey & provolone
- Roast beef & cheddar
- Ham & Swiss
- Chicken Salad
- Tuna Salad
- Chicken Caesar
- Grilled Chicken
- Grilled Veggie w/balsamic aioli & fresh mozzarella

All wraps include lettuce & tomato

Served with chips, pickles, fresh seasonal fruit salad & condiments

Classic Boxed Lunch *8.25 per person*

Choose 1 of the following

- Ham and Swiss
- Roast beef and cheddar
- Turkey and Provolone
- Grilled Veggie w/balsamic aioli & fresh mozzarella cheese

Seasonal hand fruit, cookie, chips, mustard and mayo

Signature Sandwiches *7.95 per person*

Smoked Turkey

House-Roasted turkey, Havarti, Smoked Bacon, Watercress, Chipotle peach aioli on a Ciabatta

Gourmet Roast Beef

Cheddar, Balsamic Grilled Onions, Spinach, Roasted Peppers, Horseradish Aioli on Foccacia

South West Grilled Chicken Sandwich

Avocado, Bacon, Pepper Jack Cheese, Charred Poblano, Honey Chipotle Aioli

Salads

Berried Treasure 13.00 per

Marinated grilled chicken with dried cranberries, fresh seasonal berries, candied pecans, red onion, feta cheese, mixed greens, Romaine w/choice of dressing

Grilled Chicken Caesar 11.00 per

Marinated grilled chicken, Parmesan cheese, house made croutons
Substitute grilled shrimp or steak for 1.25

Asian Shrimp Salad 12.95 per

Ginger shrimp, Napa cabbage, noodles, carrots, red bell pepper, water chestnuts, green onion, Mandarin oranges, crispy noodles, Sesame vinaigrette

Hot Options price per guest

Parker Burger 5.95

Parker Burger with Cheese 6.95

Grilled Chicken Sandwich 6.25

Grilled Chicken with Cheese 7.25

Grilled Cheese on Texas Toast 4.25

Cheese Options American, Provolone, Cheddar or Pepperjack

White or wheat bun, Texas toast & wheatberry

Gluten Free Buns Available for \$1.50 Additional Charge

All hot sandwiches served with lettuce, tomato, onion pickle and kettle chips or fruit

All prices per person

Lunch Buffets

All lunch buffets include 1 of the following

- Coffee service*
- Iced Tea*
- Lemonade*
- Spa Water*

Beverage add-ons: Bottled soda: \$2.50, Nestle® water (8 oz.): \$0.99,

Tropicana® juice (10 oz.): \$2.49

Pizza

Classic Cheese 11.00

Meat Lovers 14.00

Pepperoni, Sausage, Meatball & Bacon

Veggie Lovers 13.00

Artichoke hearts, mushrooms, peppers, onions, olives, fresh tomato

Specialty Pie 14.95

Buffalo or Barbecue Chicken, Hawaiian, or Philly Cheese steak

Create Your Own Specialty Pie 12.95

Classic cheese pizza with your choice of 2 toppings

Additional toppings for .99 each

Toppings

- Pepperoni
- Sausage
- Meatball
- Bacon
- Buffalo or Barbecue Chicken
- Ham
- Philly Cheese Steak
- Artichoke Hearts
- Mushrooms
- Peppers
- Onions
- Olives
- Roma or sun dried tomato

Fajita Bar 15.00 per person

Sautéed onions and peppers, Spanish rice, tortilla chips, flour tortillas, House-Made salsa, sour cream, shredded lettuce, diced tomatoes, shredded cheddar cheese.

Choice of 1: Refried or black beans

Choice of 1: House-Marinaded grilled chicken, Marinated grilled skirt steak, or tequila lime shrimp.

Add spicy ground chorizo for .50 per person

Add house made guacamole: \$1.00 per person

Italian Buffet 11.95 per person

Choose of 1 -

Meat Bolognese lasagna

Vegetable Lasagna

Grilled Chicken Alfredo over fettuccine
Sub shrimp for 1.75 per person

Caesar salad
Garlic bread

Texas Barbecue 16.95 per person

Smoked brisket w/BBQ sauce
Barbecue grilled chicken
3 Cheese Mac & Cheese
Campfire Beans
Mini Corn on The Cob
Cole slaw
Cheddar cheese corn bread w/whipped honey butter

Asian Sensations 14.95 per person

General's Chicken or Mongolian beef. Both served with stir fried vegetables
Choose 1 -
- Vegetable fried rice
- Vegetable Lo Mein
Choose 1 -
- Steamed Jasmine rice
- Steamed brown rice
Choose 1-
- Vegetarian spring roll w/dipping sauce
- Pork eggroll w/dipping sauce

All prices per person

Dinner Buffets

All dinner buffets include 1 of the following

- *Coffee service*
- *Iced Tea*
- *Lemonade*
- *Spa Water*

*Beverage add-ons: Bottled soda: \$2.50, Nestle® water (8 oz.): \$0.99,
Tropicana® juice (10 oz.): \$2.49*

Beverages

Bottled Beverages

Coca-Cola®

Iced Tea

Sweetened or unsweetened

Energy Drinks

Assorted Monster

Starbucks®

Regular and decaf

Tazo Tea

Assorted flavors

Snacks

Hand-Cut Fruit 3.00 per person

Bagged Chips 2.00 per

Deep River® Brand chips

Seasonal Fruit Tray 5.95 per person

Priced per person

Seasonal Vegetable Crudites w/Hummus 5.95 per person

Freshest seasonal vegetables, House made hummus, ranch dip and pita

Artisan Cheese Tray 5.50 per person

Assorted artisan cheese, jams, honey, seasonal grapes, crackers and lavosh

Desserts

Assorted Cookies 4.95 per person

Ask about our daily offerings

Brownies and Gourmet Dessert Bars 5.95 per person

Study Breaks

These selections are ideal for small groups on a budget. Prices are per group of five.

Early Morning Session 8.95 per person

Includes 10 cups of blonde roast Starbucks® coffee

Choice of 2: Breakfast breads, muffins, scones or fresh fruit salad

Upgrade to breakfast burritos for \$1.29

Upgrade to Red Eye coffee (espresso) for \$0.89 per shot

Afternoon Cram 10.95 per person

Includes 10 cups of blonde roast Starbucks® coffee

Choice of 2: Chicken salad protein pack, House-Roasted turkey and cheese, ham and cheese

Choice of 1: Kettle chips, hand-cut fruit, garden salad with dressing, chocolate chip cookies

Upgrade to Red Eye coffee (espresso) for \$0.89 per shot

Late Afternoon Session 7.95 per person

Includes 10 cups of blonde roast Starbucks® coffee

Choice of 2: Seasonal hand-cut fruit tray, high energy trail mix, Kettle chips, chocolate chip cookies

Upgrade to Red Eye coffee (espresso) for \$0.89 per shot