Suicide Hotlines North Texas

**Here For Texas Mental Health Navigation Line**: A Grant Halliburton Foundation Initiative that connects North Texans with mental-health resources customized to each caller at 972-525-8181 or HereForTexas.com.

**National Suicide Prevention Lifeline:** 24-hour crisis hotline at 1-800-273-8255. Confidential online chat is available at suicidepreventionlifeline.org.

**North Texas Behavioral Heath Authority:** 24-hour crisis hotline at 1-866-260-8000 or go to ntbha.org

**Suicide and Crisis Center of North Texas:** 24-hour hotline 214-828-1000 or sccenter.org

**Dallas Metrocare Services:** provides evaluation, medication assessment and treatment. 1-877-283-2121 or go to metrocareservices.org